



Fall/Winter Menu



New Biscuits

Flaky buttermilk biscuits that satisfy any craving.

BUTTERMILK BISCUIT & GRAVY COMBO

Warm & flaky buttermilk biscuit served with country gravy, 2 eggs*, 2 pork sausage links, 2 hickory-smoked bacon strips & hash browns.

1400-1500 cal | 10.99

CHICKEN BISCUIT SANDWICH

Warm & flaky buttermilk biscuit filled with buttermilk crispy chicken breast, hash browns, pickle chips & country gravy (1100 cal). Served with choice of hash browns (220 cal), French fries (320 cal), 2 buttermilk pancakes (320 cal), or seasonal fresh fruit (50 cal). 10.99

FRESH STRAWBERRIES & CREAM BISCUIT

Warm & flaky buttermilk biscuit split & filled with cheesecake mousse, fresh strawberries, a drizzle of our Old-Fashioned syrup, whipped topping & powdered sugar. 940 cal | 9.99

FRESH STRAWBERRIES & CREAM BISCUIT COMBO

Fresh Strawberries & Cream Biscuit with 2 eggs*, 2 hickory-smoked bacon strips or pork sausage links & hash browns.

1380-1590 cal | 10.99

BREAKFAST BISCUIT SANDWICH

Warm & flaky buttermilk biscuit filled with 2 fried eggs*, American cheese, 2 strips of hickory-smoked bacon & cheese sauce (990 cal). Served with choice of hash browns (220 cal), French fries (320 cal), 2 buttermilk pancakes (320 cal), or seasonal fresh fruit (50 cal). 10.99

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

NOTICE: ITEMS MARKED WITH AN * MAY CONTAIN RAW OR UNDERCOOKED INGREDIENTS. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS. IHOP cannot ensure menu items do not contain ingredients that might cause an allergic reaction or impact other dietary restrictions. Allergen information is available at IHOP.com.

Waffles

Crispy edges, fluffy insides.

CHICKEN & WAFFLES

Golden-brown Belgian waffle topped with 4 buttermilk crispy chicken strips & served with choice of sauce.
1170-1180 cal | 13.25

BELGIAN WAFFLE

Our traditional golden-brown Belgian waffle topped with whipped real butter.
560 cal | 8.99

NEW NASHVILLE HOT CHICKEN & WAFFLES

Golden-brown Belgian waffle topped with 4 buttermilk crispy chicken strips tossed in spicy Nashville hot sauce & served with a side of ranch dressing.
1740 cal | 13.25

NEW OREO® COOKIE CRUMBLE

Golden-brown Belgian waffle filled with OREO® cookie pieces & topped with creamy cheesecake mousse, more OREO® cookie pieces & whipped topping.
980 cal | 10.99

Try it drizzled with our Old-Fashioned syrup!



NEW STRAWBERRY CHEESECAKE

Golden-brown Belgian waffle topped with creamy cheesecake mousse, fresh strawberries & whipped topping.
710 cal | 10.99

Key:

-  Vegetarian
-  Spicy
-  Gluten-Friendly

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 IHOP defines gluten-friendly as menu items prepared without gluten-containing ingredients based on information from our approved suppliers. We do not claim that items marked as gluten-friendly are "gluten free" because we cannot confirm that they meet the FDA's definition of "gluten free" (<20 parts per million of gluten). Because we have multiple sources of gluten in our shared cooking and prep areas, including common fryer oil, we are unable to guarantee that any menu item can be completely free of gluten.  IHOP defines vegetarian as a menu item that may contain dairy, eggs, and honey but does not contain beef, poultry, pork, or seafood. In addition, IHOP's vegetarian menu items do not contain animal sourced gelatin, flavors, colors, or enzymes. Because we have multiple sources of animal products in our shared cooking and prep areas, including common fryer oil, we are unable to guarantee that any menu item be completely free of animal products. OREO® and the OREO® Wafer Design are trademarks of Mondelez International group, used under license.

World-Famous Pancakes

Light & fluffy world-famous buttermilk pancakes griddled fresh to order.

CINN-A-STACK®

THE FAN FAVORITE IS BACK
4 pancakes layered with cinnamon roll filling
& topped with cream cheese icing.
870 cal | 7.99

STRAWBERRY BANANA

4 pancakes filled with fresh banana slices.
Topped with glazed strawberries & more
banana slices.
680 cal | 11.55

DOUBLE BLUEBERRY

4 pancakes filled with blueberries & topped
with blueberry topping.
610 cal | 11.55

NEW YORK CHEESECAKE

4 pancakes filled with cheesecake bites
& topped with glazed strawberries.
890 cal | 11.55

MEXICAN TRES LECHES

4 pancakes layered with vanilla sauce & dulce
de leche caramel sauce.
700 cal | 10.99

CHOCOLATE CHOCOLATE CHIP

4 chocolate pancakes filled with chocolate
chips & topped with chocolate drizzle.
Available in buttermilk.
770/750 cal | 11.25

CUPCAKE

4 pancakes filled with rainbow sprinkles.
Topped with cupcake icing.
800 cal | 10.99

ORIGINAL BUTTERMILK

5 world-famous buttermilk pancakes topped
with whipped real butter.
690 cal | 9.99
Available in a 3-stack. 450 cal | 8.99

ORIGINAL GLUTEN-FRIENDLY

4 fluffy gluten-friendly pancakes
topped with whipped real butter.
550 cal | 9.67
Available in a 2-stack. 310 cal | 7.25

Protein Pancakes

Made with whole grain rolled oats, barley,
rye, chia & at least 37 grams of protein in
a 4-stack.

LEMON RICOTTA MIXED BERRY PROTEIN

4 protein pancakes loaded with blueberries,
topped with lemon ricotta & seasonal
mixed berry topping. Add a squeeze of
lemon for an extra zing! 800 cal | 11.99

STRAWBERRY BANANA PROTEIN

4 protein pancakes filled with fresh banana
slices. Topped with glazed strawberries &
more banana slices. 740 cal | 11.99

PROTEIN POWER

4 protein pancakes topped with whipped
real butter. 660 cal | 10.99

Choose Your Syrup

Free from high-fructose
corn syrup. Availability
may vary.*

Choose from:

Old-Fashioned (110 cal)
Blueberry (110 cal)
Strawberry (100 cal)
Butter Pecan (110 cal)

Thick 'N Fluffy French Toast

Thick & fluffy artisan bread dipped
& griddled in our vanilla, cinnamon french
toast batter.

STRAWBERRY BANANA

2 slices topped with glazed strawberries,
fresh banana slices & powdered sugar.
960 cal | 11.99

LEMON RICOTTA MIXED BERRY

2 slices topped with lemon ricotta, seasonal
mixed berry topping & powdered sugar.
1020 cal | 12.99

CLASSIC

2 slices topped with whipped real
butter & powdered sugar.
900 cal | 9.99

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*Calories based on 1 oz.

Make it a Griddle Combo


NEW WAFFLE COMBO

Choice of Belgian, Strawberry Cheesecake or OREO® Cookie Crumble Waffle, 2 eggs* your way, 2 bacon strips or pork sausage links & hash browns. 990-1630 cal | 12.09

THICK 'N FLUFFY FRENCH TOAST COMBO

Choice of 1 slice of Classic, Strawberry Banana or Lemon Ricotta Mixed Berry Thick 'N Fluffy French Toast, 2 eggs*, 2 bacon strips or pork sausage links & hash browns. 920-1250 cal | 13.09

WORLD-FAMOUS PANCAKE COMBO

Choice of any 2 same-flavored pancakes, 2 eggs*, 2 bacon strips or pork sausage links & hash browns. 760-1140 cal | 12.55
Make it with Original Gluten-Friendly Pancakes! 

CREPE COMBO

Choice of 2 Fresh Berry, 1 Lemon Ricotta Mixed Berry, or 1 Cinnamon Bun Crepe, 2 eggs*, 2 bacon strips or pork sausage links & hash browns. 710-980 cal | 13.99



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TRY OUR NEW
**BUTTERMILK
BISCUITS**

Add a Side

NEW BUTTERMILK BISCUIT **V**

Warm & flaky buttermilk
biscuit served with whipped
real butter.
810 cal | 4.99

PORK SAUSAGE LINKS **GF**

(4) 420 cal | 3.99
(2) 210 cal | 1.99

SLICE OF HAM **GF**

120 cal | 3.99

TURKEY BACON STRIPS **GF**

(4) 120 cal | 3.99

NEW IMPOSSIBLE™ SAUSAGE PATTIES FROM PLANTS **GF V**

(2) 240 cal | 2.89

HICKORY-SMOKED BACON STRIPS **GF**

(4) 200 cal | 3.99
(2) 100 cal | 1.99

ENGLISH MUFFIN

180 cal | 2.99

BUTTERED TOAST

170-350 cal | 2.99

HASH BROWNS **GF V**

220 cal | 2.99

CRISPY BREAKFAST POTATOES **GF V**

280 cal | 2.99

SEASONAL FRESH FRUIT **GF V**

50 cal | 3.99

Sweet & Savory Crepes

Thin, delicate, French-style pancakes made with real eggs & griddled to order.

BREAKFAST

2 crepes filled & rolled with scrambled eggs*, hickory-smoked bacon, crispy hash browns, white cheese sauce & jack & cheddar cheeses. 1210 cal | 10.99

CHICKEN PESTO

2 crepes filled & rolled with grilled chicken, nut-free pesto, jack & cheddar cheeses & roasted cherry tomatoes. 870 cal | 11.99

LEMON RICOTTA MIXED BERRY

2 delicate crepes filled with lemon ricotta, topped with seasonal mixed berry topping, more lemon ricotta & powdered sugar. Add a squeeze of lemon for an extra zing! 610 cal | 12.99

FRESH BERRY V

4 crepes folded & topped with fresh strawberries. Add a squeeze of lemon for an extra zing! 540 cal | 8.99

CINNAMON BUN

2 crepes filled & rolled with cheesecake mousse, drizzled with cinnamon bun filling & cream cheese icing, topped with fresh strawberries & powdered sugar. 630 cal | 8.99



Eggs Benedict

Creamy hollandaise, poached eggs, toasty English muffin.

Served with choice of hash browns V (220 cal), crispy breakfast potatoes V (280 cal), or seasonal fresh fruit V (50 cal).

CLASSIC

Black forest ham, poached eggs* & hollandaise on a toasted English muffin. 450 cal | 11.99

PESTO VEGGIE

Sautéed spinach, mushrooms, roasted cherry tomatoes, nut-free pesto, poached eggs* & hollandaise on a toasted English muffin. 620 cal | 12.99

BOURBON BACON JAM

Bourbon bacon jam, hickory-smoked bacon strips, poached eggs* & hollandaise on a toasted English muffin. 680 cal | 12.99

SPICY POBLANO 🌶️

Fire-roasted poblano peppers, red bell peppers & onions, shredded beef, chopped serrano peppers, poached eggs* & poblano hollandaise on a toasted English muffin. 570 cal | 14.99



Key:




- V Vegetarian
- 🌶️ Spicy
- GF Gluten-Friendly

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Omelettes

Made with a splash of buttermilk & wheat pancake batter to make our omelettes light & fluffy!

Served with choice of 3 buttermilk pancakes  (450 cal), hash browns  (220 cal), buttered toast (170-350 cal), 3 flavored pancakes from pancakes section adds 2.25 (470-690 cal) or seasonal fresh fruit  (50 cal). Excludes Pesto Egg White Veggie Omelette, which is served as described.

BIG STEAK

Steak, hash browns, green peppers, onions, mushrooms, tomatoes & cheddar cheese. Served with salsa. 1040 cal | 13.99

SPICY POBLANO

Fire-roasted poblano peppers, red bell peppers & onions, shredded beef, jack & cheddar cheeses, avocado, poblano cream & chopped serrano peppers. 1000 cal | 13.99

CHICKEN FAJITA

Grilled chicken breast with fire-roasted poblano & red bell peppers, onions & jack & cheddar cheeses. Served with salsa, sour cream & a grilled serrano pepper. 900 cal | 13.99

SPINACH & MUSHROOM

Sautéed spinach, mushrooms, onions, tomatoes, hollandaise & jack & cheddar cheeses. 900 cal | 13.99

COLORADO

Bacon, shredded beef, pork sausage, ham, green peppers, onions & cheddar cheese. Served with salsa. 1270 cal | 13.99

BACON TEMPTATION

Chopped hickory-smoked bacon, jack & cheddar cheeses, tomatoes & white cheese sauce. 1190 cal | 13.99

PESTO VEGGIE EGG WHITE

Cage-free egg white omelette with sautéed mushrooms, roasted cherry tomatoes, nut-free pesto & avocado. Served with seasonal fresh fruit. 480 cal | 13.99




WHOLESOME SUBSTITUTIONS:

Cage-free egg whites subtracts 310 cal per omelette.









Build Your Own Omelette

BUILD YOUR OWN OMELETTE
400 cal | 10.99

CHOOSE YOUR CHEESE

American 100 cal
Jack & Cheddar 220 cal 
Cheddar 230 cal 
Four-Cheese Blend 230 cal 

CHOOSE YOUR ADD-INS .99 each

Bacon 80 cal
Pork Sausage 210 cal
Nut-Free Pesto 90 cal 
Ham 35 cal
Extra Cheese 100-230 cal
Sautéed Mushrooms 70 cal 
Sautéed Green Peppers & Onions 70 cal 
Hash Browns 220 cal 
Roasted Cherry Tomatoes 30 cal 
Fresh Tomatoes 10 cal 
Sautéed Spinach 80 cal 
Fresh Avocado 80 cal | adds 1.99 



Breakfast Combos

WHOLESUME SUBSTITUTIONS:

Cage-free egg whites subtracts 30-80 cal per egg. Turkey bacon subtracts 20 cal per piece.

BREAKFAST SAMPLER

2 eggs*, 2 bacon strips, 2 pork sausage links, 2 pieces of ham, hash browns & 2 buttermilk pancakes†.
1030-1130 cal | 14.25

SIRLOIN TIPS* & EGGS

Sautéed with onions & mushrooms, served with 2 eggs*, hash browns & 2 buttermilk pancakes.
1160-1260 cal | 18.25

SMOKEHOUSE COMBO

2 jumbo smoked sausage links, 2 eggs*, hash browns & 2 buttermilk pancakes.
1140-1240 cal | 12.65

2x2x2

2 eggs*, 2 bacon strips or 2 pork sausage links & 2 buttermilk pancakes.
540-750 cal | 9.99

SPLIT DECISION BREAKFAST

2 eggs*, 2 bacon strips, 2 pork sausage links, 2 buttermilk pancakes & 1 slice of our Classic Thick 'N Fluffy French Toast.
1240-1340 cal | 12.69

COUNTRY FRIED STEAK & EGGS

A golden-battered beef steak, smothered in country gravy. Served with 2 eggs*, hash browns & 2 buttermilk pancakes.
1460-1560 cal | 15.11

NEW IMPOSSIBLE™ PLANT-BASED SAUSAGE POWER COMBO V

2 Impossible™ sausage patties made from plants, scrambled cage-free egg whites, seasonal fresh fruit & choice of 2 protein pancakes or multigrain toast.
760/550 cal | 10.99

CHICKEN & PANCAKES

4 buttermilk crispy chicken strips & 3 buttermilk pancakes. Served with choice of sauce.
1060-1070 cal | 13.25

QUICK 2-EGG BREAKFAST

2 eggs*, hash browns, 2 bacon strips or 2 pork sausage links & toast.
610-1000 cal | 9.99

T-BONE STEAK & EGGS

10 oz. T-Bone steak* served with 3 eggs* & 3 buttermilk pancakes.
910-1060 cal | 21.99

AVOCADO TOAST V

Grilled multigrain bread topped with freshly sliced avocado & roasted cherry tomatoes. Served with choice of seasonal fresh fruit or hash browns. Seasonal availability may vary 630/800 cal | 8.99
Top it off with 2 eggs*. (adds 120-220 cal) 9.69
Top it off with 2 eggs* & 2 bacon strips. (adds 220-320 cal) 9.99

BREAKFAST BURRITO OR BOWL

Scrambled eggst, bacon or sausage, jack & cheddar cheeses, hash browns & a side of salsa. Served either wrapped in a warm tortilla or scrambled in a bowl (850-1200 cal). Served with a choice of 2 buttermilk pancakes (320 cal), hash browns (220 cal), buttered toast (170-350 cal), seasonal fresh fruit (50 cal) or French fries (320 cal). 10.25
Add avocado (adds 80 cal) for 10.55.

SOUTHWEST CHICKEN BURRITO OR BOWL

Grilled chicken, scrambled eggst, bacon pieces, green peppers & onions, tomatoes, queso sauce, jack & cheddar cheeses, hash browns, avocado & a side of salsa. Served either wrapped in a warm tortilla or scrambled in a bowl (1380/1080 cal). Served with a choice of 2 buttermilk pancakes (320 cal), hash browns (220 cal), buttered toast (170-350 cal), seasonal fresh fruit (50 cal), or French fries (320 cal). 11.55



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Ultimate Steakburgers & Chicken Sandwiches

Served with choice of French fries (V) (320 cal), onion rings (V) (570 cal), seasonal fresh fruit (V) (50 cal), 2 buttermilk pancakes (V) (320 cal) or side salad (V) (300-310 cal).

Choose Your Protein:

All-Natural 100%
USDA Choice
Black Angus Beef

Buttermilk Crispy
Chicken Breast
Made with all-natural chicken.

Seasoned Grilled
Chicken Breast
Made with all-white meat chicken.

Impossible™ Burger Patty (V)
Made from plants for meat lovers.
Adds 4.99

Upgrade your cheese to a four-cheese crisp made with sharp cheddar, swiss, fontal & gruyère. Adds 230 cal | Adds .99

JALAPEÑO KICK (V)

Now with a four-cheese crisp. Spicy blend of sautéed jalapeños, serrano peppers & onions, hickory-smoked bacon, four-cheese crisp, lettuce, tomato & mayo.
1110-1260 cal | 14.25

COWBOY BBQ

Onion rings, hickory-smoked bacon, American cheese, lettuce, tomato & tangy BBQ sauce.
920-1070 cal | 14.25

BOURBON BACON JAM

Bourbon bacon jam, hickory-smoked bacon, American cheese, lettuce & mayo.
870-1020 cal | 14.99

THE CLASSIC

American cheese, lettuce, tomato, red onion, pickles & IHOP® sauce. 630-780 cal | 12.25
Make it a double steakburger with cheese.
Adds 360 cal | Adds 1.99

BIG BRUNCH

Hickory-smoked bacon, fried egg*, American cheese & IHOP® sauce.
770-920 cal | 14.25

THE CLASSIC WITH BACON

Hickory-smoked bacon, American cheese, lettuce, tomato, red onion, pickles & IHOP® sauce. 730-880 cal | 13.25
Make it a double steakburger with cheese.
Adds 360 cal | Adds 1.99



Hand-Crafted Melts

Served with choice of French fries (V) (320 cal), onion rings (V) (570 cal), seasonal fresh fruit (V) (50 cal), 2 buttermilk pancakes (V) (320 cal) or side salad (V) (300-310 cal).

NEW NASHVILLE HOT CHICKEN MELT (V)

Buttermilk crispy chicken breast strips tossed in Nashville hot sauce, with mayo, pickles, four-cheese blend & American cheese on grilled, thick-cut bread. Served with a side of ranch dressing. 2100 cal | 14.99

CALI ROASTED TURKEY MELT

All-natural roasted turkey breast, hickory-smoked bacon, four-cheese blend, roasted cherry tomatoes, fresh avocado & mayo on grilled multigrain bread.
1110 cal | 14.25

PHILLY CHEESESTEAK STACKER

Grilled sirloin steak, onions & American cheese on a grilled roll.
820 cal | 13.25



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All steakburgers are perfectly cooked to a minimum of 158° F. Impossible is a trademark of Impossible Foods Inc. Used under license.

Appetizers

JALAPEÑO CHEESE BITES 🌶️

6 golden, crispy jalapeño & cheddar cheese bites served with buttermilk ranch for dipping. 560 cal | 8.99

CHICKEN QUESADILLA

Diced grilled chicken breast, fire-roasted poblano & red bell peppers, onions & melted jack & cheddar cheeses in a warm, grilled tortilla. Served with salsa, pickled jalapeños & sour cream. 1030 cal | 9.99

MOZZA STICKS

6 mozzarella cheese sticks with a crispy outside & a gooey inside. Served with marinara. 630 cal | 7.99

CRISPY SHRIMP

10 crispy battered shrimp served with cocktail sauce & a lemon wedge. 460 cal | 10.89

APPETIZER SAMPLER

Mozza sticks, onion rings & buttermilk crispy chicken strips served with marinara & choice of sauce. 1610-1630 cal | 12.54

CINNAMON DIPPERS

Donut holes tossed in cinnamon sugar. Served with cream cheese icing & dulce de leche caramel sauce. 790 cal | 4.99



CHICKEN
QUESADILLA

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Kids Menu

12 & under

Kids Drinks: All kids meals include 1% Milk (100 cal), Chocolate Milk (190 cal), Hot Chocolate (120 cal) or Juice (45-110 cal). Free refills.

SILVER 5

5 silver dollar pancakes,
1 scrambled egg &
1 bacon strip.
420 cal | 5.99

HAPPY FACE PANCAKE COMBO

Chocolate or buttermilk
happy face pancake with
1 scrambled egg,
1 bacon strip & 1 pork
sausage link.
540 cal | 5.99

JR. CUPCAKE PANCAKE COMBO

With 1 scrambled egg, 1 bacon
strip & 1 pork sausage link.
570 cal | 5.99

JR. CHICKEN & WAFFLES

540 cal | 5.99

JR. MAC & CHEESE

Served with MOTT'S® Applesauce.
370 cal | 5.99

JR. CHICKEN STRIPS DINNER

Served with MOTT'S® Applesauce or
French fries & a side of ranch.
440/710 cal | 5.99

JR. CHEESEBURGER

All-natural Black Angus steakburger
served with MOTT'S® Applesauce.
750 cal | 5.99



HAPPY FACE
PANCAKE COMBO

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MOTT'S is a registered trademark of Mott's LLP.

Sorry, no coupons or discounts on Kids items.

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Soups & Fresh Salads

NEW TOMATO BASIL SOUP V

Creamy tomato basil soup topped with a decadent four-cheese crisp.
400 cal | 5.25

FRESH BERRY SALAD

Choice of grilled or crispy chicken, fresh strawberries, red onions & fresh avocado on a bed of lettuce.

630-790 cal | 15.55

Substitute Atlantic Salmon GF 790-820 cal | 23.99

CHOPPED CHICKEN SALAD

Choice of grilled or crispy chicken, hickory-smoked bacon, fresh avocado, tomatoes, four-cheese blend & red onions on a bed of lettuce.

1010-1180 cal | 17.49



55+ Menu

Special value for guests age 55+

BREAKFAST Starting at 8.99

55+ BREAKFAST SAMPLER

1 egg*, 1 bacon strip, 1 pork sausage link, 1 thick-cut piece of ham, hash browns & 1 buttermilk pancake.
660-710 cal | 8.99

55+ 2x2x2

2 buttermilk pancakes, 2 eggs* & 2 bacon strips or 2 pork sausage links.
540-750 cal | 8.99

55+ RISE 'N SHINE

2 eggs*, hash browns, 2 bacon strips or 2 pork sausage links & toast.
610-1000 cal | 8.99

55+ THICK 'N FLUFFY FRENCH TOAST

1 slice of Classic Thick 'N Fluffy French Toast & 2 hickory-smoked bacon strips or 2 pork sausage links.
590/700 cal | 8.99

LUNCH Starting at 8.78

Sandwiches served with choice of French fries (320 cal), onion rings (570 cal), 2 buttermilk pancakes (320 cal) or side salad (300-310 cal).

55+ FRESH BERRY SALAD

Choice of grilled or crispy chicken, fresh strawberries & blueberries, red onions & fresh avocado on a bed of lettuce.
630-790 cal | 15.99

55+ BLT

Bacon, lettuce, tomato & mayo on toasted white bread.
390 cal | 8.78

WHOLESOME SUBSTITUTIONS:

Cage-free egg whites subtracts 30-80 cal per egg. Turkey bacon subtracts 20 cal per piece.

DINNER Starting at 10.99

55+ CRISPY SHRIMP

5 crispy battered shrimp served with French fries, cocktail sauce & a lemon wedge.
780 cal | 10.99

55+ CRISPY FISH

2 crispy battered fish served with French fries, tartar sauce & a lemon wedge. 860 cal | 10.99

55+ ALL-NATURAL ROASTED TURKEY ♦

Topped with turkey gravy. Served with 2 sides & buttery garlic bread. 370 cal | 10.99

NEW 55+ POT ROAST ♦

Tender slow-braised beef in a rich beef gravy. Served with 2 sides & buttery garlic bread.
370 cal | 10.99

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Sorry, no coupons or discounts on 55+ menu items. ♦ Calories for Entrées excludes sides.

Entrées

All entrées served with choice of 2 sides & garlic bread.

ATLANTIC SALMON ♦

6 oz. Salmon fillet grilled to perfection.
400 cal | 12.99

SIRLOIN SALISBURY STEAK ♦

Sirloin Salisbury steak topped with sautéed mushrooms & onions in a rich beef gravy.
820 cal | 12.99

SIRLOIN STEAK TIPS ♦

A hearty portion of tender sirloin steak tips* sautéed with mushrooms & onions.
650 cal | 16.65

ALL-NATURAL ROASTED TURKEY ♦

All-natural roasted turkey breast topped with turkey gravy.
430 cal | 13.99

POT ROAST ♦

Tender slow-braised beef in a rich beef gravy.
510 cal | 15.25

NEW CHICKEN FRIED STEAK ♦

A golden-battered beef steak smothered in country gravy. 950 cal | 15.25

T-BONE STEAK ♦

10 oz. tender, juicy T-Bone steak* grilled to perfection. 440 cal | 25.99

Sides:

Yellow & Green Beans 🍷 with garlic butter 100 cal

Steamed Fresh Broccoli 🍷 with garlic butter 90 cal

Side Salad 🍷 300-310 cal

Rice Medley 🍷 240 cal

Sharp Cheddar Mac & Cheese 350 cal

Red Skin Mashed Potatoes 🍷 240 cal

French Fries 🍷 320 cal

2 Buttermilk Pancakes 🍷 320 cal

Add an additional side to your entrée: 2.45





Platters

FISHERMAN'S PLATTER

2 crispy battered fish & 5 crispy shrimp served with French fries, cocktail sauce, tartar sauce & a lemon wedge.

1120 cal | 16.99

CRISPY SHRIMP & FRIES

10 crispy battered shrimp served with French fries, cocktail sauce, tartar sauce & a lemon wedge.

980 cal | 14.99

CRISPY FISH & FRIES

3 crispy battered fish served with French fries, tartar sauce & a lemon wedge.

1030 cal | 14.51

BUTTERMILK CRISPY CHICKEN STRIPS & FRIES

5 buttermilk crispy chicken strips. Original or tossed in either Nashville hot sauce or tangy BBQ sauce. Served with choice of dipping sauce.

1050-2060 cal | 14.99

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

NOTICE: ITEMS MARKED WITH AN * MAY CONTAIN RAW OR UNDERCOOKED INGREDIENTS. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS. ♦ Calories for Entrées excludes sides.

Beverages

GF All beverages are gluten-friendly except OREO® Cookie milkshake.

Coffee, Tea & Hot Chocolate

NEW VANILLA CREAMY COLD FOAM COLD BREW

100% Arabica Iced Cold Brew sweetened with vanilla & topped with a vanilla creamy cold foam. 160 cal | 3.99 each

ICED COLD BREW COFFEE

Naturally smooth, never bitter. 100% Arabica. 0 cal | 4.83 each

INTERNATIONAL HOUSE ROAST® COFFEE

Made with 100% Arabica beans. Free Refills. Regular or Decaf. 0 cal per cup | 3.25 per person

HOT CHOCOLATE

120 cal | 3.25 each

REVOLUTION® PREMIUM LOOSE-LEAF HOT TEA

Free Refills. 0 cal | 3.25
Ask for available varieties.

MANGO ICED TEA

Free Refills. 60 cal | 3.99

STRAWBERRY ICED TEA

Free Refills. 60 cal | 4.99

LEMONADE ICED TEA

Free Refills. 70 cal | 4.99

FRESHLY BREWED ICED TEA

Free Refills. 5 cal | 4.99

Juice & Milk

100% PREMIUM ORANGE JUICE
Regular 120 cal | 3.99 each
Large 190 cal | 4.83 each



STRAWBERRY LEMONADE
Free Refills.
200 cal | 4.99

APPLE JUICE
Regular 110 cal | 3.99 each
Large 180 cal | 4.83 each

1% MILK
Regular 110 cal | 3.25 each
Large 180 cal | 3.99 each

CHOCOLATE MILK
Regular 200 cal | 3.25 each
Large 330 cal | 3.99 each

MANGO LEMONADE
Free Refills.
200 cal | 4.99

TROPICANA® LEMONADE
Free Refills.
140 cal | 3.99

IHOP Splashers®

STRAWBERRY LEMONADE SPLASHER

A blend of lemonade, lemon-lime soda & strawberry syrup. Topped with blueberries & strawberries. 190 cal | 4.39 each

MANGO LEMONADE SPLASHER

A blend of lemonade, lemon-lime soda & mango syrup. Topped with blueberries & strawberries. 200 cal | 4.39 each

BLUE RASPBERRY LEMONADE SPLASHER

A blend of lemonade, lemon-lime soda & blue raspberry syrup. Topped with blueberries & strawberries. 190 cal | 4.39 each

Fountain Drinks

Free Refills. 3.25



130 cal



0 cal



140 cal



130 cal



130 cal

House-Made Milkshakes

4.99 each

OREO® COOKIE

750 cal

STRAWBERRY

Made with real fruit.
580 cal

CHOCOLATE

670 cal

VANILLA

590 cal



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Desserts

ULTIMATE CHOCOLATE CAKE

A decadent slice of chocolate cake layered with velvety chocolate mousse on a chocolate cookie crust with chocolate ganache. 750 cal | 8.99

CINNAMON DIPPERS

Donut holes tossed in cinnamon sugar. Served with cream cheese icing & dulce de leche caramel sauce. 790 cal | 4.99

NEW WAFFLE SUNDAE

Golden-brown Belgian waffle quarter topped with vanilla ice cream, chocolate syrup, whipped topping & choice of fresh strawberries or dulce de leche caramel sauce. 320/280 cal | 5.99

NEW FRESH STRAWBERRIES & CREAM BISCUIT

Warm & flaky buttermilk biscuit split & filled with cheesecake mousse, fresh strawberries, a drizzle of our Old-Fashioned syrup, whipped topping & powdered sugar. 940 cal | 9.99



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