



Quality You Can Count On. Every Order Made Fresh.

# World-Famous Pancakes

Light & fluffy world-famous buttermilk pancakes griddled fresh to order.

## STRAWBERRY BANANA

4 banana pancakes with glazed strawberries & fresh banana slices on top.

700 cal | 12.25

*Panqueques con Fresas y Plátanos*

## MEXICAN TRES LECHES

4 pancakes layered with vanilla sauce & dulce de leche caramel sauce.

710 cal | 12.25

*Panqueques Mexicanos a la Tres Leches*

## DOUBLE BLUEBERRY

4 blueberry pancakes with blueberry topping.

630 cal | 12.25

*Panqueques con Arándanos*

## CHOCOLATE CHOCOLATE CHIP

4 chocolate pancakes filled with chocolate chips & topped with chocolate drizzle.

Available in buttermilk.

790/770 cal | 11.25

*Panqueques de Chocolate con Chispas de Chocolate*

## CINN-A-STACK®

4 pancakes layered with cinnamon roll filling & topped with cream cheese icing.

890 cal | 11.25

*Panqueques con Relleno de Canela*

## NEW YORK CHEESECAKE

4 pancakes filled with cheesecake bites & topped with glazed strawberries.

880 cal | 12.25

*Panqueques con Mousse de Queso Nueva York*

## PROTEIN POWER

4 pancakes made with whole grain rolled oats, barley, rye & chia for at least 37g of protein.

Topped with whipped real butter.

660 cal | 12.25

*Panqueques de Proteína*

## ORIGINAL BUTTERMILK

5 world-famous buttermilk pancakes topped with whipped real butter.

720 cal | 10.50

Available in a 3-stack. 460 cal | 9.50

*Panqueques Originales de Buttermilk*

HOW 'BOUT A COMBO?

## PANCAKE COMBO

Choice of any 2 same-flavored pancakes, 2 eggs\*, 2 bacon strips or 2 pork sausage links & hash browns.

810-1340 cal | 13.25

Make it with Protein Pancakes!

840-1010 cal | 13.25

*Combo de Panqueques*



STRAWBERRY LEMONADE SPLASHER



DOUBLE BLUEBERRY

STRAWBERRY BANANA PANCAKE COMBO

CHOCOLATE CHOCOLATE CHIP



## CHOOSE YOUR SYRUP\*

Old-Fashioned (110 cal)

Strawberry (100 cal)

Blueberry (110 cal)

Butter Pecan (110 cal)

Free from high-fructose corn syrup.

Availability may vary.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

NOTICE: ITEMS MARKED WITH AN \* MAY CONTAIN RAW OR UNDERCOOKED INGREDIENTS. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

Due to supply constraints, some items may not be available as they are listed on the menu. Certain ingredients may be substituted for comparable ingredients. IHOP cannot ensure menu items do not contain ingredients that might cause an allergic reaction or impact other dietary restrictions. Allergen information is available at IHOP.com. \*Calories based on 1 oz.

All New

# ICED COFFEE

Rich, Creamy, and Ice-cold

Made with 100% medium roast Arabica beans that are sustainably sourced.



NEW VANILLA  
ICED COFFEE

NEW DULCE DE LECHE  
ICED COFFEE

NEW CHOCOLATE  
ICED COFFEE

Our new coffee uses 100% sustainably sourced beans purchased from suppliers who partner with farms that prioritize environmental conservation. A portion of the proceeds from every purchase of our **IHOP** coffee will be donated to Feeding America to help support your local community.

IHOP defines sustainably sourced coffee beans as beans purchased from our suppliers, who have committed to us that the beans are 3rd party audited, sourced at a premium to provide coffee farmers with fair compensation, and include programs to drive farm resiliency and promote human rights along with safe and reasonable working conditions.

# Add a Side

## HICKORY-SMOKED BACON STRIPS **GF**

(4) 270 cal | 3.99

(2) 130 cal | 1.99

*Tiras de Tocino Ahumado*

## BUTTERED TOAST

170-350 cal | 2.99

*Pan Tostado con Mantequilla*

## SEASONAL FRESH FRUIT **GF** **V**

Cup 50 cal | 3.99

*Fruta Fresca de Temporada*

## BUTTERMILK BISCUIT **V**

810 cal | 4.99

*Bisquet de Buttermilk*

## ENGLISH MUFFIN

180 cal | 2.99

*Muffin Inglés*

## TURKEY BACON STRIPS **GF**

(4) 110 cal | 3.99

(2) 60 cal | 1.99

*Tiras de Tocino de Pavo*

## HASH BROWNS **GF** **V**

220 cal | 2.99

*Papas Ralladas Fritas*

## PORK SAUSAGE LINKS **GF**

(4) 420 cal | 3.99

(2) 210 cal | 1.99

*Salchichas de Puerco*

## SLICE OF HAM **GF**

130 cal | 3.99

*Rebanada de Jamón*

## CRISPY BREAKFAST POTATOES **GF** **V**

310 cal | 2.99

*Papas Crujiente de Desayuno*

## BUTTERMILK BISCUIT & GRAVY

Warm & flaky buttermilk biscuit served with country gravy.

750 cal | 5.25

*Bisquet con Salsa Gravy*

## SMOKED SAUSAGE LINKS **GF**

(2) 490 cal | 3.99

*Salchichas Ahumadas*



PORK SAUSAGE LINKS



HASH BROWNS



HICKORY-SMOKED BACON STRIPS

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

**GF** IHOP defines gluten-friendly as menu items prepared without gluten-containing ingredients based on information from our approved suppliers. We do not claim that items marked as gluten-friendly are "gluten free" because we cannot confirm that they meet the FDA's definition of "gluten free" (<20 parts per million of gluten). Because we have multiple sources of gluten in our shared cooking and prep areas, including common fryer oil, we are unable to guarantee that any menu item can be completely free of gluten.

# Thick 'N Fluffy French Toast

Thick & fluffy artisan bread dipped & griddled in our vanilla, cinnamon French toast batter.

## STRAWBERRY BANANA

2 slices topped with glazed strawberries, fresh bananas & powdered sugar.

960 cal | 12.75

*Pan Francés con Fresas y Plátanos*

## CLASSIC

2 slices topped with whipped real butter & powdered sugar.

900 cal | 10.25

*Pan Francés Clásico*



## THICK 'N FLUFFY FRENCH TOAST COMBO

Choice of 1 slice of any flavor Thick 'N Fluffy French toast, 2 eggs\*, 2 bacon strips or 2 pork sausage links & hash browns.

960-1130 cal | 13.84

*Combo de Grueso y Esponjoso Pan Francés*

STRAWBERRY BANANA  
FRENCH TOAST



# Waffles

Golden-brown Belgian waffle with crispy edges & fluffy insides.

## STRAWBERRY CHEESECAKE

Belgian waffle with creamy cheesecake mousse, fresh strawberries & whipped topping.

710 cal | 11.75

*Waffle con Mousse de Pastel de Queso y Fresas Frescas*

## BELGIAN WAFFLE

Belgian waffle topped with whipped real butter.

560 cal | 9.99

*Waffle Belga*



## WAFFLE COMBO

Choice of Belgian, Strawberry Cheesecake or OREO® Cookie Crumble Waffle, 2 eggs\*, 2 bacon strips or pork sausage links & hash browns.

1030-1630 cal | 12.99

*Combo de Waffle Belga*

## OREO® COOKIE CRUMBLE

Belgian waffle with OREO® cookie pieces, creamy cheesecake mousse & whipped topping.

980 cal | 11.75

*Waffle con Galletas OREO®*

## CHICKEN & WAFFLES

Belgian waffle with 4 buttermilk crispy chicken strips.

Served with choice of sauce.

1160-1180 cal | 14.25

*Crujientes Tiras de Pollo y Waffles*




CHICKEN & WAFFLES




NEW INTERNATIONAL  
HOUSE ROAST® COFFEE

Key:

 Vegetarian

 Spicy

 Gluten-Friendly

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

NOTICE: ITEMS MARKED WITH AN \* MAY CONTAIN RAW OR UNDERCOOKED INGREDIENTS. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

OREO is a trademark of Mondelez International group, used under license.

# Sweet & Savory Crepes

Thin, delicate, French-style pancakes made with real eggs.

## FRESH BERRY

4 crepes folded & topped with fresh strawberries & powdered sugar.

650 cal | 9.25

*Crepas con Fresas Frescas*

## BREAKFAST

2 crepes filled & rolled with scrambled eggs<sup>1</sup>, hickory-smoked bacon, hash browns, white cheese sauce & jack & cheddar cheeses.

1270 cal | 11.25

*Crepas de Desayuno*

## CHICKEN FLORENTINE

2 crepes filled & rolled with grilled chicken, jack & cheddar cheeses, tomatoes, spinach, onions & topped with hollandaise.

870 cal | 12.25

*Crepas Florentinas de Pollo*



## CREPE COMBO

Choice of 2 Fresh Berry, or 1 Cinnamon Bun Crepe, 2 eggs\*, 2 bacon strips or 2 pork sausage links & hash browns.

810-1040 cal | 14.50

*Combo de Crepas*

## CINNAMON BUN

2 crepes filled with cheesecake mousse, drizzled with cinnamon bun filling, cream cheese icing & topped with fresh strawberries & powdered sugar.

680 cal | 10.25

*Crepas de Canela*

CINNAMON BUN

FRESH BERRY



NEW INTERNATIONAL HOUSE ROAST™ COFFEE



# Eggs Benedict

Creamy hollandaise, poached eggs, toasty English muffin.

Served with a Choice of Side | Hash browns  (220 cal), crispy breakfast potatoes  (310 cal), or seasonal fresh fruit  (50 cal).

## SPICY POBLANO

Fire-roasted poblano peppers, red bell peppers & onions, shredded beef, serrano peppers, poached eggs\* & poblano hollandaise on an English muffin.

570 cal | 15.50

*Huevos Benedictos Picantes con Chile Poblano*

## CLASSIC

Ham, poached eggs\* & hollandaise on an English muffin.

480 cal | 12.25

*Huevos Benedictos Clásicos*

## BACON AVOCADO

Hickory-smoked bacon, avocado, poached eggs\* & hollandaise on an English muffin.

820 cal | 12.25

*Huevos Benedictos con Tocino y Aguacate*

SPICY POBLANO



2,000 calories a day is used for general nutrition advice, but calorie needs vary.

NOTICE: ITEMS MARKED WITH AN \* MAY CONTAIN RAW OR UNDERCOOKED INGREDIENTS. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

# Anytime Tacos & Burrito

Savory flavors inspired by IHOP® Stuffed 'N Stacked Omelettes™.

Served with a Choice of Side | Hash browns **V** (220 cal), French fries **V** (320 cal), 2 buttermilk pancakes **V** (330 cal), or seasonal fresh fruit **V** (50 cal).

## BIG BREAKFAST BURRITO

3 slices of hickory-smoked bacon, 3 pork sausage links, hash browns, scrambled eggs†, jack & cheddar cheeses & hollandaise wrapped & griddled in a tortilla.

1590 cal | 14.25

Burrito Grande de Desayuno

## SPICY SHREDDED BEEF ANYTIME TACOS **V**

2 tacos filled with fluffy scrambled eggs†, shredded beef, fire-roasted poblano & red bell peppers, sautéed jalapeños, serrano peppers, onions & a four-cheese blend. Served with salsa.

910 cal | 13.25

Tacos Picantes de Huevo y Carne Desmenuzada

## BACON, EGG & CHEESE ANYTIME TACOS

2 tacos filled with fluffy scrambled eggs†, hickory-smoked bacon, a four-cheese blend & white cheese sauce. Served with salsa.

870 cal | 10.25

Tacos de Tocino, Huevo y Queso



BIG BREAKFAST BURRITO



BLUE RASPBERRY LEMONADE SPLASHER

# Biscuits

Warm & flaky buttermilk biscuits that satisfy any craving.

Served with a Choice of Side | Hash browns **V** (220 cal), French fries **V** (320 cal), 2 buttermilk pancakes **V** (330 cal), or seasonal fresh fruit **V** (50 cal).

## BREAKFAST BISCUIT SANDWICH

Buttermilk biscuit filled with 2 fried eggs\*, American cheese, 2 strips of hickory-smoked bacon & cheese sauce.

1110 cal | 11.75

Sándwich de Desayuno en Bisquet

## CHICKEN BISCUIT SANDWICH

Buttermilk biscuit filled with crispy chicken breast, hash browns, pickle chips & country gravy.

1100 cal | 11.99

Sándwich de Pollo Crujiente en Bisquet



CHICKEN BISCUIT SANDWICH

Key:  
**V** Vegetarian  
**V** Spicy  
**GF** Gluten-Friendly

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

NOTICE: ITEMS MARKED WITH AN \* MAY CONTAIN RAW OR UNDERCOOKED INGREDIENTS. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

† Made with a splash of buttermilk & wheat pancake batter.

# Breakfast Combos

## Wholesome Substitutions

Cage-free egg whites subtracts 35-80 cal per egg.  
Turkey bacon subtracts 40 cal per piece. .99

### BREAKFAST SAMPLER

2 eggs\*, 2 bacon strips, 2 pork sausage links, 2 pieces of ham, hash browns & 2 buttermilk pancakes†.  
1080-1170 cal | 14.99

*Muestras de Desayuno*

### SIRLOIN TIPS & EGGS

Sweet & tender marinated sirloin steak tips\* sautéed with onions & mushrooms, served with 2 eggs\*, hash browns & 2 buttermilk pancakes†.  
1180-1270 cal | 18.99

*Puntas de Bistec Sirloin y Huevos*

### SPLIT DECISION BREAKFAST

2 eggs\*, 2 bacon strips, 2 pork sausage links, 2 buttermilk pancakes & 1 slice of our Classic Thick 'N Fluffy French Toast.  
1290-1380 cal | 13.25

*Desayuno de Decisión Dividida*

### COUNTRY FRIED STEAK & EGGS

A golden-battered beef steak, smothered in country gravy. Served with 2 eggs\*, hash browns & 2 buttermilk pancakes.  
1480-1570 cal | 15.99

*Bistec Campestre Frito y Huevos*

### QUICK 2-EGG BREAKFAST

2 eggs\*, hash browns, 2 bacon strips or 2 pork sausage links & toast.  
650-1000 cal | 11.25

*Desayuno Rápido con 2 Huevos*

### AVOCADO TOAST v

Grilled multigrain bread topped with sliced avocado, 2 eggs\* & roasted cherry tomatoes. Served with choice of seasonal fresh fruit or hash browns. Seasonal availability may vary.  
760-1010 cal | 9.99

*Pan Tostado con Aguacate y Huevos*

### BUTTERMILK BISCUIT & GRAVY COMBO

Served with country gravy, 2 eggs\*, 2 pork sausage links, 2 hickory-smoked bacon strips & hash browns.  
1450-1540 cal | 11.75

*Combo de Bisquet con Salsa Gravy*

### T-BONE STEAK & EGGS

10 oz. T-Bone steak\* served with 3 eggs\* & 3 buttermilk pancakes.  
940-1070 cal | 21.99

*Bistec T-Bone y Huevos*

### CHICKEN & PANCAKES

4 buttermilk crispy chicken strips & 3 buttermilk pancakes. Served with choice of sauce.  
1060-1090 cal | 13.99

*Crujientes Tiras de Pollo y Panqueques*

### SMOKEHOUSE COMBO

2 smoked sausage links, 2 eggs\*, hash browns & 2 buttermilk pancakes.  
1170-1260 cal | 13.25

*Combo de Salchichas Ahumadas*



SIRLOIN TIPS & EGGS

NEW VANILLA  
ICED COFFEE

BREAKFAST SAMPLER

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

† Calories for buttermilk pancakes excludes syrup.

NOTICE: ITEMS MARKED WITH AN \* MAY CONTAIN RAW OR UNDERCOOKED INGREDIENTS. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

# Stuffed 'N Stacked Omelettes™ ‡

STUFFED with savory meats and veggies. STACKED with more to enjoy.

## Served with a Choice of Side

3 buttermilk pancakes **V** (460 cal), hash browns **V** (220 cal), buttered toast (170-350 cal), 3 flavored pancakes from pancakes section adds 1.99 (460-1080 cal), or seasonal fresh fruit **V** (50 cal). Excludes Veggie Egg White Omelette, which is served as described.

### BIG STEAK

Steak, hash browns, green peppers, onions, mushrooms, tomatoes & cheddar cheese.

Served with salsa. 1020 cal | 15.25

*Omelette de Bistec*

### COLORADO

Bacon, shredded beef, pork sausage, ham, green peppers, onions & cheddar cheese.

Served with salsa. 1240 cal | 15.25

*Omelette Colorado*

### SPICY POBLANO **L**

Fire-roasted poblano peppers, red bell peppers & onions, shredded beef, jack & cheddar cheeses, avocado, poblano cream & chopped serrano peppers.

990 cal | 15.25

*Omelette Picante de Chile Poblano*

### CHICKEN FAJITA

Grilled chicken breast with fire-roasted poblano & red bell peppers, onions & jack & cheddar cheeses. Served with salsa, sour cream & a grilled serrano pepper.

890 cal | 14.75

*Omelette de Fajitas de Pollo*

### SPINACH & MUSHROOM

Sautéed spinach, mushrooms, onions, tomatoes, hollandaise & jack & cheddar cheeses.

890 cal | 14.75

*Omelette de Espinacas y Champiñones*

### BACON TEMPTATION

Chopped hickory-smoked bacon, jack & cheddar cheeses, tomatoes & white cheese sauce.

1160 cal | 14.75

*Omelette de Tocino*

### VEGGIE EGG WHITE **GF** **V**

Cage-free egg white omelette with sautéed mushrooms, spinach, onions & roasted cherry tomatoes with avocado slices on top.

Served with seasonal fresh fruit.

420 cal | 14.50

*Omelette de Claras de Huevo y Vegetales*

### BUILD YOUR OWN OMELETTE

380 cal | 11.25

*Crea tu Propio Omelette*

#### Choose Your Cheese

American 110 cal

Jack & Cheddar 220 cal **V**

Cheddar 230 cal **V**

Four-Cheese Blend 230 cal **V**

#### Choose Your Add-Ins

.99 each

Bacon 80 cal

Pork Sausage 210 cal

Ham 35 cal

Extra Cheese 110-230 cal

Sautéed Mushrooms 70 cal **V**

Sautéed Green Peppers & Onions 70 cal **V**

Hash Browns 220 cal **V**

Roasted Cherry Tomatoes 35 cal **V**

Fresh Tomatoes 10 cal **V**

Sautéed Spinach 80 cal **V**

Fresh Avocado 80 cal | adds 1.99 **V**

#### Wholesome Substitutions

Cage-free egg whites subtracts 290 cal per omelette.



Key:

**V** Vegetarian

**L** Spicy

**GF** Gluten-Friendly

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

‡ Made with a splash of buttermilk & wheat pancake batter.

**V** IHOP defines vegetarian as a menu item that may contain dairy, eggs, and honey but does not contain beef, poultry, pork, or seafood. In addition, IHOP's vegetarian menu items do not contain animal sourced gelatin, flavors, colors, or enzymes. Because we have multiple sources of animal products in our shared cooking and prep areas, including common fryer oil, we are unable to guarantee that any menu item be completely free of animal products.

# Ultimate Steakburgers

All-natural 100% USDA Choice Black Angus Beef on a brioche bun.

Served with a Choice of Side | French fries **V** (320 cal), onion rings **V** (470 cal), 2 buttermilk pancakes **V** (330 cal), seasonal fresh fruit **V** (50 cal), or side salad **V** (280-300 cal).

## JALAPEÑO KICK **S**

Spicy blend of sautéed jalapeños, serrano peppers & onions, hickory-smoked bacon, four-cheese blend, lettuce, tomato & mayo.  
1180 cal | 14.75

Hamburguesa con Jalapeños y Queso

## THE CLASSIC WITH BACON

Hickory-smoked bacon, American cheese, lettuce, tomato, red onion, pickles & IHOP® sauce.

930 cal | 14.50

Hamburguesa con Tocino y Queso

## COWBOY BBQ

Onion rings, hickory-smoked bacon, American cheese, lettuce, tomato & tangy BBQ sauce.  
1060 cal | 14.75

Hamburguesa con Tocino, Queso y Salsa BBQ

## BACON AVOCADO RANCH

Hickory-smoked bacon, avocado & buttermilk ranch with four-cheese blend, lettuce, tomato, pickles, onion & IHOP® sauce.

1160 cal | 14.50

Hamburguesa con Tocino y Aguacate

## THE CLASSIC

American cheese, lettuce, tomato, red onion, pickles & IHOP® sauce.  
800 cal | 13.25

Hamburguesa Clásica con Queso

## BIG BRUNCH

Hickory-smoked bacon, fried egg\*, American cheese & IHOP® sauce.  
1010 cal | 14.50

Hamburguesa con Huevo, Tocino y Queso

MAKE IT A **DOUBLE!** On Any Steakburger  
Adds 370/430 cal | 2.25

COWBOY BBQ



JALAPEÑO KICK



# Hand-Crafted Sandwiches & Salads

Served with a Choice of Side | French fries **V** (320 cal), onion rings **V** (470 cal), 2 buttermilk pancakes **V** (330 cal), seasonal fresh fruit **V** (50 cal), or side salad **V** (280-300 cal). Excludes salads which are served as described.

## CALI ROASTED TURKEY MELT

All-natural roasted turkey breast, hickory-smoked bacon, four-cheese blend, roasted cherry tomatoes, avocado & mayo on grilled multigrain bread.

1150 cal | 14.99

Sándwich de Pavo, Tocino, Aguacate y Queso

## PHILLY CHEESESTEAK STACKER

Grilled sirloin steak, onions & American cheese on a grilled roll.

810 cal | 13.75

Sándwich Philly de Bistec y Queso

## CLASSIC CHICKEN SANDWICH

Grilled or crispy chicken breast with bacon, lettuce, tomato, four-cheese blend, avocado & buttermilk ranch on a grilled roll.

1000/1120 cal | 13.50

Sándwich de Pollo, Tocino, Aguacate y Queso

## CHOPPED CHICKEN SALAD

Choice of grilled or crispy chicken, hickory-smoked bacon, avocado, tomatoes, four-cheese blend & red onions. Served with choice of dressing.

960-1150 cal | 17.99

Ensalada de Pollo Asado o Crujiente

CALI ROASTED TURKEY MELT



CLASSIC CHICKEN SANDWICH



2,000 calories a day is used for general nutrition advice, but calorie needs vary.  
All steakburgers are perfectly cooked to a minimum of 158° F.

Key:  
**V** Vegetarian  
**S** Spicy  
**GF** Gluten-Friendly

# Kids' Menu



12 & under | \$6.50

## STEP 1 | CHOOSE YOUR MAIN

### JR. WAFFLE

2 waffle quarters.  
240 cal *Jr. Waffle*

### JR. CUPCAKE PANCAKE

Confetti-style pancake topped with cupcake icing and more sprinkles.  
310 cal *Jr. Panqueque Festivo*

### HAPPY FACE PANCAKE

Chocolate or Buttermilk happy face pancake topped with chocolate chips and strawberries.  
310 cal *Panqueque de Carita Feliz*

### FRENCH TOAST STICKS

Sliced French toast served with chocolate dipping sauce.  
630 cal *Palitos de Pan Francés*

### JR. CHEESEBURGER

All-natural Black Angus steakburger with American cheese.  
710 cal *Jr. Hamburguesa con Queso*

### SILVER 5

5 silver dollar pancakes.  
290 cal *Panqueques 5 de Plata*

### JR. CHICKEN STRIPS

2 crispy chicken strips.  
230 cal *Jr. Tiras de Pollo*

† Qualifies as a Kids LiveWell meal when paired with fresh strawberry & banana slices or Mott's® applesauce & 1% milk, apple juice, orange juice, or water.

### KRAFT® MAC & CHEESE

Creamy and cheesy macaroni & cheese.  
310 cal *Macarrones con Queso*

### JR. PROTEIN PANCAKE

Made with whole grain rolled oats, barley, rye & chia for at least 9 grams of protein. Topped with fresh strawberry & banana slices.  
180 cal *Jr. Panqueque de Proteína*

† Qualifies as a Kids LiveWell meal when paired with fresh strawberry & banana slices or Mott's® applesauce & 1% milk, apple juice, orange juice, or water.

## ADD A DRINK

### 1% MILK

100 cal  
Leche al 1%

### CHOCOLATE MILK

200 cal  
Leche con Chocolate

### APPLE JUICE

100 cal  
Jugo de Manzana

### ORANGE JUICE

110 cal  
Jugo de Naranja

## ROOM FOR MORE?

### JR. CINN-A-DIPPERS™

4 donut holes tossed in cinnamon sugar. Served with chocolate dipping sauce.  
420 cal | 4.25  
*Donitas de Canela para Sumergir*

### HOT CHOCOLATE

170 cal | 2.25 each  
*Chocolate Caliente*

## STEP 2 | CHOOSE ONE SIDE

### MOTT'S® APPLESAUCE

50 cal *Puré de Manzana*

### 1 SCRAMBLED EGG, 1 BACON & 1 SAUSAGE

260 cal *1 Huevo Revuelto, 1 Tocino y 1 Salchicha*

### HASH BROWNS

220 cal *Papas Ralladas Fritas*

### FRESH STRAWBERRY & BANANA SLICES

60 cal *Fresas Frescas y Rebanadas de Plátano*

### STEAMED FRESH BROCCOLI

25 cal *Brócoli Fresco al Vapor*

### 3 MOZZA STICKS

330 cal *Palitos de Queso Mozzarella*

### FRENCH FRIES

320 cal *Papas Fritas*



HAPPY FACE PANCAKE

# 55+ Menu

Special value for guests age 55+.

### Wholesome Substitutions

Cage-free egg whites subtracts 35-80 cal per egg.  
Turkey bacon subtracts 40 cal per piece. .99

### 55+ RISE 'N SHINE

2 eggs\*, hash browns, 2 bacon strips or 2 pork sausage links & toast.  
650-1000 cal | 10.25  
*55+ Desayuno Levántate y Brilla*

### 55+ THICK 'N FLUFFY FRENCH TOAST

1 slice of Classic Thick 'N Fluffy French Toast & 2 hickory-smoked bacon strips or 2 pork sausage links.  
620/700 cal | 9.25  
*55+ Grueso y Esponjoso Pan Francés*

### 55+ CRISPY FISH

2 crispy battered fish served with French fries & tartar sauce.  
880 cal | 10.99  
*55+ Crujiente Pescado y Papas Fritas*

### 55+ CRISPY SHRIMP

5 crispy battered shrimp served with French fries, cocktail sauce & tartar sauce.  
780 cal | 10.99  
*55+ Crujiente Camarón y Papas Fritas*

### 55+ BREAKFAST SAMPLER

1 egg\*, 1 bacon strip, 1 pork sausage link, 1 piece of ham, hash browns & 1 buttermilk pancake.  
690-730 cal | 10.25  
*55+ Muestras de Desayuno*

Sorry, no coupons or discounts on 55+ menu items. Sorry, no coupons or discounts on Kids items.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

† These menu items are part of the Kids LiveWell (KLW) program & have been verified by the National Restaurant Association to meet specific nutrition criteria established by leading health organizations' scientific guidelines. Learn more at [Restaurant.org/KidsLiveWell](http://Restaurant.org/KidsLiveWell). The Kids LiveWell logo is a service mark of the National Restaurant Association. MOTT'S is a registered trademark of Mott's LLP. Kraft is a registered trademark of Kraft Foods and used with permission.

NOTICE: ITEMS MARKED WITH AN \* MAY CONTAIN RAW OR UNDERCOOKED INGREDIENTS. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

# Platters

## FISHERMAN'S PLATTER

2 crispy battered fish & 5 crispy shrimp served with French fries, cocktail sauce & tartar sauce.  
1140 cal | 17.25

*Crujiente Pescado, Camarón y Papas Fritas*

## CRISPY FISH PLATTER

3 crispy battered fish served with French fries & tartar sauce.  
1060 cal | 14.75

*Crujiente Pescado y Papas Fritas*

## CRISPY SHRIMP PLATTER

10 crispy battered shrimp served with French fries, cocktail sauce & tartar sauce.  
990 cal | 15.25

*Crujiente Camarón y Papas Fritas*

## BUTTERMILK CRISPY CHICKEN STRIPS PLATTER

5 buttermilk crispy chicken strips served with French fries & choice of dipping sauce.  
1030-1060 cal | 15.25

*Crujientes Tiras de Pollo Buttermilk y Papas Fritas*

SIRLOIN STEAK TIPS



FISHERMAN'S PLATTER



2,000 calories a day is used for general nutrition advice, but calorie needs vary.

NOTICE: ITEMS MARKED WITH AN \* MAY CONTAIN RAW OR UNDERCOOKED INGREDIENTS. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

# Appetizers

*Crispy, crunchy, cheesy classics: perfect for sharing with the table.*

## APPETIZER SAMPLER

Mozza sticks, onion rings & buttermilk crispy chicken strips served with marinara & choice of sauce.

1500-1530 cal | 13.25

*Muestras de Aperitivos*

## CHICKEN QUESADILLA

Diced grilled chicken breast, fire-roasted poblano & red bell peppers, onions & melted jack & cheddar cheeses in a warm, grilled tortilla.

Served with salsa, pickled jalapeños & sour cream.

1030 cal | 11.25

*Quesadilla de Pollo*

## MOZZA STICKS

6 mozzarella cheese sticks served with marinara.

630 cal | 8.99

*Palitos de Queso Mozzarella*

## CRISPY SHRIMP

10 crispy battered shrimp served with cocktail sauce.

460 cal | 11.50

*Crujiente Camarón*

## TOMATO BASIL SOUP V

270 cal | 5.99

*Sopa de Tomate y Albahaca*

CHICKEN QUESADILLA



APPETIZER SAMPLER

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

# Desserts

Save room for a sweet treat! The perfect ending to a great meal.

## CINN-A-DIPPERS™

Donut holes tossed in cinnamon sugar. Served with cream cheese icing & dulce de leche caramel sauce.

760 cal | 5.50

*Donitas de Canela para Sumergir*

## FRESH STRAWBERRIES & CREAM BISCUIT

Buttermilk biscuit split & filled with cheesecake mousse, fresh strawberries, a drizzle of our old fashioned syrup, whipped topping & powdered sugar.

940 cal | 9.99

*Bisquet con Fresas Frescas y Crema*

# House-Made Milkshakes

Made with hand-scooped real ice cream.

## CHOCOLATE

650 cal

*Malteada de Chocolate*

## CUPCAKE

690 cal

*Malteada Festiva*

## VANILLA

570 cal

*Malteada de Vainilla*

## CINN-A-STACK®

690 cal

*Malteada de Canela*

## OREO® COOKIE

730 cal

*Malteada de Galletas OREO®*

## STRAWBERRY

Made with real fruit.

560 cal

*Malteada de Fresa*



CINN-A-DIPPERS™

OREO® COOKIE  
MILKSHAKE

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

OREO is a trademark of Mondelez International group, used under license.

# Entrées

All entrées served with choice of 2 sides & garlic bread.

## SIRLOIN STEAK TIPS ▼

Sweet & tender marinated sirloin steak tips\* sautéed with mushrooms & onions.  
650 cal | 16.99

*Puntas de Bistec Sirloin*

## T-BONE STEAK ▼

10 oz. tender, juicy T-Bone steak\* grilled to perfection.  
440 cal | 25.99

*Bistec T-Bone*

## COUNTRY FRIED STEAK ▼

A golden-battered beef steak smothered in country gravy.  
950 cal | 15.25

*Bistec Campestre Frito*

## ATLANTIC SALMON ▼

6 oz. Salmon fillet grilled to perfection.

400 cal | 14.25

*Salmón del Atlántico*

# Sides

CINN-A-DIPPERS™

- 2 Buttermilk Pancakes **V** 330 cal
- Red Skin Mashed Potatoes **V** 240 cal
- French Fries **V** 320 cal
- Steamed Fresh Broccoli with Garlic Butter **V** 90 cal

Add an additional side to your entrée: 2.75



BLUE RASPBERRY  
LEMONADE SPLASHER



T-BONE STEAK



COUNTRY FRIED STEAK

Key:  
**V** Vegetarian  
**S** Spicy  
**GF** Gluten-Friendly

2,000 calories a day is used for general nutrition advice, but calorie needs vary.  
 NOTICE: ITEMS MARKED WITH AN \* MAY CONTAIN RAW OR UNDERCOOKED INGREDIENTS. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

▼ Calories for Entrées excludes sides.

# Beverages

**GF** All beverages are gluten-friendly except OREO® Cookie milkshake.

## COFFEE, TEA & HOT CHOCOLATE

Now offering Silk® Oat Creamers 30 cal per creamer *Silk*

### NEW INTERNATIONAL HOUSE ROAST® COFFEE

Made with 100% medium roast Arabica beans that are sustainably sourced.



Regular.  
Free Refills.  
0 cal/cup  
3.50/person

Café Regular

A portion of the proceeds from every purchase of IHOP coffee will be donated to Feeding America to help support your local community.

### NEW ICED COFFEE

3 new flavors made to satisfy your coffee cravings.  
4.99 each

**NEW VANILLA** 150 cal  
**NEW DULCE DE LECHE** 210 cal  
**NEW CHOCOLATE** 150 cal

Café Helado

Coffee also available in decaf.  
Free Refills. 0 cal/cup | 3.50/person  
Café Descafeinado

### HOT CHOCOLATE

170 cal | 3.25 each  
Chocolate Caliente

### HOT TEA

Free Refills. 0 cal | 3.25  
Ask for available varieties.  
Té Caliente

## LEMONADE & ICED TEA

### TROPICANA® LEMONADE

Free Refills. 140 cal | 3.99  
Limonada

### BLUE RASPBERRY LEMONADE

Free Refills. 190 cal | 4.65  
Limonada de Frambuesa Azul

### STRAWBERRY LEMONADE

Free Refills. 200 cal | 4.65  
Limonada de Fresa

### NEW RASPBERRY ICED TEA

Free Refills. 110 cal | 4.65  
Té Helado de Frambuesa

### LEMONADE ICED TEA

Free Refills. 70 cal | 4.99  
Mezcla de Limonada y Té Helado

### FRESHLY BREWED ICED TEA

Free Refills. 5 cal | 4.99  
Té Helado

## JUICE & MILK

### IHOP SIGNATURE 100% PREMIUM ORANGE JUICE

Regular 120 cal | 3.99 each  
Large 190 cal | 4.83 each  
Jugo de Naranja

### APPLE JUICE

Regular 110 cal | 3.99 each  
Large 180 cal | 4.83 each  
Jugo de Manzana

### 1% MILK

Regular 110 cal | 3.25 each  
Large 180 cal | 3.99 each  
Leche al 1%

### CHOCOLATE MILK

Regular 210 cal | 3.25 each  
Large 320 cal | 3.99 each  
Leche con Chocolate

## FOUNTAIN DRINKS

Free Refills. 3.99 Refrescos



130 cal



0 cal



140 cal



130 cal



130 cal

## HOUSE-MADE MILKSHAKES

Also available in Chocolate (650 cal) & Vanilla (570 cal). 5.25 each

### CUPCAKE

690 cal *Malteada Festiva*

### CINN-A-STACK®

690 cal *Malteada de Canela*

### OREO® COOKIE

730 cal *Malteada de Galletas OREO®*

### STRAWBERRY

Made with real fruit.  
560 cal *Malteada de Fresa*

## IHOP SPLASHERS®

### NEW PINEAPPLE LEMONADE SPLASHER

A blend of lemonade, lemon-lime soda & pineapple syrup.  
Topped with fresh strawberries & pineapple chunks.  
200 cal | 4.65 each  
*Splasher de Piña y Limonada*

### BLUE RASPBERRY LEMONADE SPLASHER

A blend of lemonade, lemon-lime soda & blue raspberry syrup.  
Topped with fresh strawberries.  
180 cal | 4.65 each  
*Splasher de Frambuesa Azul y Limonada*

### STRAWBERRY LEMONADE SPLASHER

A blend of lemonade lemon-lime soda & strawberry syrup.  
Topped with fresh strawberries.  
190 cal | 4.65 each  
*Splasher de Fresa y Limonada*

STRAWBERRY MILKSHAKE

NEW PINEAPPLE LEMONADE SPLASHER

NEW VANILLA ICED COFFEE



IHOP.COM

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

All Pepsi and Mtn Dew trademarks are owned by PepsiCo, Inc. All Starry trademarks are owned by Portfolio Concentrate Solutions Unlimited Company (UC). DR PEPPER is a registered trademark of Dr Pepper/Seven Up, Inc. OREO is a trademark of Mondelez International group, used under license. TROPICANA is a registered trademark of Tropicana Products, Inc. and is used under license. SILK is a registered trademark of WhiteWave Services, Inc., used with permission. © 2026 IHOP Restaurants LLC.